



Founded in 1987, **Southern Valley Farms** is family owned and operated in Norman Park, Georgia.

Located in Norman Park, Georgia, **Fresh Start Produce Sales** specializes in bell peppers, green beans, squash, and corn.



Zucchini



- Zucchini is a type of summer squash, meaning its skin is thin and edible.
- Zucchini is 95% water!
- Zucchini was introduced to the United States by Italians in the 1920s.
- **#OhMySquash** is the highlighted item this year for Georgia Farm to School Month in October.



★ Zucchini is an important source of potassium & vitamin C.

Georgia Grown
Zucchini served in
your café this October!



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